



2026 Supervisor Guide

Advanced Clinical Supervision, Training +
Professional Development

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About Axis Clinic

Axis Clinic is an established private mental-health practice operating across Brisbane and Northern New South Wales, with services provided nationwide and internationally via telehealth. Our supervision team brings together our senior clinicians with extensive experience across supervision, public mental health, private hospitals, universities, occupational health and safety, trauma services, and specialist psychotherapy programs.

Clinical Supervision

We provide advanced clinical supervision for:

- Provisional psychologists (5+1 & 4+2 transitional)
- Registered psychologists
- Psychologists seeking endorsement in Clinical Psychology, Neuropsychology, and Counselling Psychology
- Psychiatrists and GPs working in mental health
- Accredited Mental Health Social Workers & Counsellors
- Community, health, frontline and legal professionals exposed to complex or high-risk client work, burnout, and vicarious trauma

Axis also offers training in:

- ADHD and ASD assessment and diagnosis
- Managing distressed, suicidal, or self-harming and Mental Health first AID
- DBT group facilitation and managing risk within DBT frameworks
- Trauma, psychosis, BPD, attachment, and systemic family work
- Training and support for foster carers and child protection workers





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Supervision for Rural, Regional & Remote Practitioners

Axis Clinic provides supervision for students, provisional psychologists, doctors, social workers, and other mental-health professionals working in rural, regional, and remote areas. Our team understands the unique challenges associated with practicing in under-resourced environments, including dual relationships, limited referral pathways, increased acuity, and greater levels of practitioner isolation. We offer clinical guidance, ethical support, and reflective practice to help clinicians navigate these pressures with confidence and sustainability.

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TEAM](#)



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Carolyn Toon

Director + Psychologist | Highgate Hill + Tweed Heads



Carolyn is a board-approved supervisor for the 5+1 pathway, registered psychologists, and clinicians across health and community sectors—including medical professionals working in mental health. With 20 years of experience across acute inpatient psychiatry, community mental health, private hospitals, early psychosis teams, complex trauma services, and private practice, she has also held leadership roles in both public and private services. Carolyn supports supervisees with risk management, complex formulation, trauma, psychosis, BPD, and reflective practice. She also delivers training in vicarious trauma and trauma-informed care to the legal, child protection, and community sectors.

Kylie Copeman

Director + Clinical Psychologist | Highgate Hill + New Farm



Kylie is a Clinical Psychologist and board approved supervisor with over 20 years of experience across public health, private hospitals, and private practice. She supervises provisional psychologists, clinical registrars, and postgraduate students with a focus on depth work, relational process, trauma, complex trauma, and personality dynamics. Her supervision style is reflective, collaborative, and grounded in strengthening clinical formulation and therapeutic attunement.



Vanina Marietti

Clinical Psychologist | New Farm + Tweed Heads

Vanina is a Clinical Psychologist and STAP-accredited supervisor with extensive experience in complex trauma, personality disorders, emotion-driven behaviours, relational patterns, and identity development. She integrates CBT, DBT, Schema Therapy, and Emotion-Focused Therapy. Her supervision emphasises countertransference, attachment dynamics, resistance, and process-awareness. She is fluent in French.



Dr Zahra Izadikhah

Clinical Psychologist | New Farm

Zahra is a registered clinical psychologist, supervisor and lecturer at USQ with over 25 years of professional experience and more than 15 years as a supervisor. A STAP-accredited supervisor and APS member, she has supported psychologists, postgraduate trainees, and practitioners in university and community settings. Her supervision integrates ISTDP, Schema Therapy, ACT, EFT, CBT, and mindfulness, with strong focus on reflective capacity and therapeutic process. Zahra is Iranian and speaks Farsi and also focuses on cultural awareness.



Jasmine Anand

Clinical Psychologist | New Farm

Jasmine is a board-approved supervisor and psychologist with an attachment-informed, trauma-aware approach. She lectures at Bond University on relationships, sexuality, and attachment. Her supervision explores interpersonal patterns, attachment wounds, internal working models, relational ruptures, shame, and emotional avoidance. She integrates CBT, ACT, DBT, somatic strategies, and trauma-informed frameworks.



Tracey Cronin

Psychologist | New Farm

Tracy is a warm, grounded, and experienced clinician who brings a supportive and empowering approach to supervision. As a board-approved supervisor, she is committed to helping psychologists gain confidence and competence throughout their provisional and early-career stages.

Tracy's clinical foundations draw strongly from Schema Therapy, Acceptance and Commitment Therapy (ACT), and parts-based approaches, and she enjoys helping supervisees integrate these models into clear, practical formulations and therapeutic pathways. She values reflective practice, ethical decision-making, and developing a solid therapeutic presence.

With a long-standing commitment to regional and rural mental health, Tracy has worked extensively in outreach services across Cloncurry and surrounding remote communities. She brings deep insight into the unique challenges and strengths of delivering psychological care in these settings, and particularly enjoys supporting clinicians who are working—or aspiring to work—in regional and rural contexts.

Tracy is known for her approachable style, encouragement, and her belief in creating a safe learning environment where supervisees can grow, take risks, and develop their professional identity with confidence.



Dr. Pejman Hoviatdoost

Clinical Psychologist | New Farm

Pejman is a board approved supervisor focusing on Intensive Short-Term Dynamic Psychotherapy (ISTDP). He completed a PhD in ISTDP and has published widely. Pejman delivers APS-endorsed workshops and provides supervision for registered and provisional psychologists, offering depth-oriented psychodynamic guidance, ISTDP process groups, and techniques for working with complex presentations.



Anna Lanyon

Accredited Mental Health Social Worker | Tweed Heads

Anna is an Accredited Mental Health Social Worker with 14 years in public mental health across acute and sub-acute settings, and five years in private practice. Her supervision covers trauma, EMDR, IFS, DBT, Schema Therapy, Sensory Modulation, and child/adolescent work. She supports MSW students and clinicians seeking AMHSW accreditation, emphasising reflective practice, crisis intervention, neuro-affirming care, and reducing restrictive interventions



Elisa Agostinelli

Clinical Family Therapist | New Farm

Elisa is a senior lecturer at Griffith University and an accredited supervisor with ACA, PACFA, and AAFT. She specialises in family systems, intergenerational trauma, high-conflict families, child protection, grief, loss, disability, and palliative contexts. Elisa supports supervisees to strengthen systemic formulation, cultural responsiveness, reflective practice, and clinical confidence when working with families in crisis. Elisa is fluent in Italian.



Michele Hunter

Clinical Psychologist + Neuropsychologist | New Farm

Michele is a Clinical Psychologist and Neuropsychologist specialising in cognitive, neurodevelopmental, and psychosocial assessment. She provides supervision in autism assessment, ADHD assessment across the lifespan, acquired brain injury, functional capacity assessments, capacity/ fitness for trial, differential diagnosis, and complex neuropsychological formulation. She is a board approved supervisor and experienced with NDIS reports, DSP documentation, medico-legal reports and trauma-informed assessment.

We welcome your enquiry to support your work, reflection and career development.



COMPASSIONATE, COLLABORATIVE +
COMPREHENSIVE MENTAL HEALTH CARE

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